What is Clinical Research?

NIH defines “clinical research” as research conducted with human subjects (or human tissues, specimens and cognitive phenomena) where there is direct interaction with subjects. Clinical research includes:

- **Patient-oriented research** – Involves particular people, groups, or uses materials from humans. This includes studies of human disease, therapeutic interventions, clinical trials, and development of new technologies.

- **Epidemiological and behavioral studies** – These types of studies examine the distribution of disease, factors that affect health, and how people make health-related decisions.

- **Outcomes and health services research** – These studies seek to identify the most effective interventions, treatments, and services.
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Several types of ongoing studies

- Long-term studies of changes that occur as we age
- Clinical trials for prevention or treatment of AD and MCI
- Studies that focus on hypertension and cardiovascular disease and their relation to dementia
- Pilot studies looking at biomarkers and early detection technologies
Getting Involved

- “Interest in Research” form
- Online form (Emory ADRC website)
- Call
- Clinic visit
- Speak with a study coordinator
What will I be asked to do?

- Study dependent
  - Questionnaires
  - Noninvasive monitoring
    - Imaging
  - Specimen collection
    - Saliva
    - Blood
    - CSF
    - Skin
Enrolling in a study

• Initial visit
  – Consent interview

• Screening (may occur over several visits)
  – Many criteria may need to be met for enrollment beyond the screening phase

• Ongoing study visits
Barriers to Participation

• Researchers have not contacted me
  – Filled out a form, but there has been no contact
    • Be sure you provide the correct phone, email, address
    • Respond to mailing(s)
  – Had an initial call, but no further contact

• Inclusion/exclusion criteria
• Recruitment/Enrollment goals
• “Screen fail” for a study
What happens if I am not eligible for any studies?

- Several new studies begin each year
- Emory Healthy Aging Study – online enrollment
- Referral to other resources for studies
What if I change my mind?

- Participation in research studies is always voluntary
- You have the right to withdraw at any time
- Withdrawal may include a close-out visit that is equivalent to a regular study visit.
Important considerations when entering into a study

• Some studies may require you to limit participation in other studies during duration of that study
• Frequency of visits and impact on your schedule
• Ability to comply with study requirements
• Understanding that your personal research data may not be shared with you
Further Information

• Emory Goizueta ADRC website
  – [http://alzheimers.emory.edu](http://alzheimers.emory.edu)

• Emory Goizueta ADRC Facebook page
  – Emory University Goizueta Alzheimer's Disease Research Center
If you could change the world for the better, would you?

The Emory Healthy Aging Study is your opportunity to partner with leading physicians at Emory University and help make discoveries that will change our understanding of aging and age-related diseases for generations to come. It's easy. It's historic. It's one for the ages.

Please join us.

Learn more about this online study at www.healthyaging.emory.edu

Follow us!

Facebook: EmoryHealthyAgingStudy
Twitter: @EmoryAgingStudy

EMORY | Healthy Aging Study
CONVERSATION IS GOOD FOR THE BRAIN

Are you 75 years or older? Do you need more opportunities to talk with others? Become a part of our study.

What is I-CONECT?

Help us understand if conversation can improve memory and prevent dementia in seniors. It is very helpful and beneficial for people of color to participate in research studies. Our results can possibly help people of color in the future. Study participation includes:

- Interesting chats and/or calls for up to a year
- All supplies provided
- Memory and thinking evaluations
- Compensation up to $175

Call I-CONECT today

Crystal Davis, Study Coordinator
404-727-6696

Visit our website

www.I-CONECT.org
EMERALD

Effects of Montelukast Therapy on Alzheimer’s Disease

Participating in our studies will help us identify the role of neuroinflammation in Alzheimer’s disease (AD) and will offer new therapeutic targets for AD prevention and treatment.

Call us Today!

Phone: 404-712-6332

Web: http://medicine.emory.edu/bsharp/

What are some of the risks to look out for in this study?

- Having a side effect from the medication
- Becoming anxious while being interviewed
- Anxiety and frustration with the memory and thinking tests
- Discomfort with the needlesticks during blood draws
- Claustrophobia or other discomforts during the MRI
- Discomfort during the lumbar puncture

Are you interested in participating in Alzheimer's disease research?

Ask us about the EMERALD Study!

404-712-6332
Memory: Memory at Emory

Department of Neurology
Emory University

About the study

Purpose of the Study:
- The purpose of the study is to learn more about neurologic disorders.

Procedures:
- Medical History
- Neurological/Physical Exam
- Blood Sample
- MRI
- Lumbar Puncture
- Cognitive testing

How long does the study last?
- Indefinitely

How often do I come to Emory?
- One time per year, although a single study visit may require 2 trips to Emory.

What will you do with this information?
- Your data will help us to better characterize the causes of neurodegenerative diseases.

Will my information be kept confidential?
- No information collected in this study will be placed in your medical records.

Will I learn the results of the tests?
- Results from genetic, diagnostic or cognitive tests will not be disclosed.

Eligibility

- Study partner who can be available (by phone or in person) for all study visits.
- Age 70 or older.
- Willingness to undergo lumbar puncture and MRI.
- African American males and females.

Contact Information
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Phone: 404-727-6696
Alzheimer’s Association
Georgia Chapter
Respite Information & Resources

• Area Agency on Aging: https://aging.georgia.gov/locations or https://www.n4a.org/
  Aging & Disability Resource Connection: https://www.georgiaadrc.com/

• Empowerline: https://www.empowerline.org/

• Alzheimer’s Association 24/7 Helpline: https://www.alz.org/help-support/resources/helpline

• Alzheimer’s Association & AARP Community Resource Finder: https://www.communityresourcefinder.org/

• Choosing Care Providers: https://alz.org/help-support/caregiving/care-options/choosing-care-providers
Care & Support in Your Community

- 24/7 helpline
- Care consultations
- Education programs
- Early stage engagement programs
- Caregiver support groups
The Alzheimer’s Association is here all day, every day for people facing Alzheimer’s disease through our free 24/7 Helpline 800.272.3900 website alz.org
Care & Support

Virtual Programs Include:

- Education
- Early stage engagement
- Support groups
The services we offer at Good Sam.

MEDICAL CARE
This includes sick visits, annual checkups, and physical exams and wellness visits. We also perform vision, hearing, dental, and nutrition screenings and immunizations for school enrollment.

DENTAL CARE
We offer full restorative dental care including tooth and gum cleanings, simple extractions, fillings, bridges, crowns, full and partial dentures. Additional services are offered as available.

COUNSELING
Christian mental health counseling is available to all patients.

SPECIALITY MEDICAL
Volunteer specialists see patients on a limited basis for orthopedics, physical therapy, ophthalmology, gynecology, cardiology, pulmonology, podiatry, psychiatry, and others as available.

HEALTH EDUCATION
Group classes focus on diabetes, kidney health, and nutrition. Nutritional counseling is available for individual sessions.

FITNESS CLASSES
In partnership with the YMCA of Metro Atlanta, Good Sam works to build a healthy lifestyle for our community by offering exercise options at our onsite Wellness Center.

PRENATAL CARE
We provide a low-cost, comprehensive prenatal care program inclusive of group education visits for low-risk obstetric patients.

MEDICAL NETWORK
Good Sam has a network of medical providers and clinics that perform services outside of our facility including radiology and imaging services, colonoscopy, minor and major surgery, mammograms, etc.

DISPENSARY
We maintain a dispensary to assist patients who qualify financially to receive certain medications at a reduced cost. This program is coordinated through the Center with assistance from the pharmaceutical companies.

How to become a patient?

FastTrack | Priority ZIP Codes 30318 and 30314
Can register at any time by calling: 678-515-0258 or
Email: FastTrack@goodsamatlanta.org
Requires proof of income, address, ID, and insurance card (if applicable). You must have these documents to be seen.

Non-FastTrack | Outside of priority ZIP Codes.
First come first serve and occurs on a monthly basis.
Please call 678-515-0241 for our next registration date.
We are always accepting prenatal and pediatric patients.
Please call 404-523-6571 for more information.

MORE INFO:
goodsamatlanta.org/patients