Early Memory Loss Group

This eight-week class is designed for people who are facing the many challenges of dealing with early memory impairment. Couples are invited to participate where one of the couple has been diagnosed with mild memory difficulty. The class is divided so that the members of the couple who are experiencing memory difficulty meet in one group and their spouses meet in another. Single individuals experiencing early memory loss are invited to participate in this group series also. They may come alone or with a friend and/or family member. Topics will include:

- Common memory changes
- Role changes
- Memory supports
- Planning for the future
- Stress reduction

When: Fridays from 11:00 – 12:30
February 6th – March 27th 2015

Where: Wesley Woods Health Center
3rd floor conference room
1841 Clifton Road
Atlanta, Georgia 30329

To Register: Contact Susan Peterson-Hazan, LCSW
404-728-6273

Co-sponsored by the Alzheimer’s Association, Georgia Chapter