SAVVY CAREGIVER

Family caregivers occupy a very important place in the care of a loved one with Alzheimer’s or other dementia. Being a caregiver is a new & different role from being a spouse or adult child. Caregivers often report they were unprepared to take on their caregiving role. The Savvy Caregiver program teaches special skills & knowledge you need to be a caregiver.

Topics to be covered will include:
- The Effect of dementia on thinking & feelings
- Estimating a person’s abilities
- Managing daily care & complicated behaviors

When: 6 consecutive Fridays from 11:00 – 1:00
April 6, 13, 20, 27 & May 4 & 11, 2012

Where: Wesley Woods Health Center
3rd floor conference room
1841 Clifton Road
Atlanta, Georgia 30329

To Register: Contact Susan Peterson-Hazan, LCSW
404-728-6273

Sponsored in part by a grant from the Wesley Woods Foundation