

WHAT ARE THE RISKS OF THIS STUDY?

The risks associated with this study include:

- Having a side effect from the medication
- Becoming anxious while being interviewed
- Anxiety and frustration with the memory and thinking tests
- Discomfort with needle sticks during blood draws
- Claustrophobia or other discomforts during the MRI scan or PET scan
- Discomfort during the lumbar puncture.

ARE MRI SCANS SAFE?

MRI scans are safe. The risk of radiation exposure is similar to other every day risks, such as driving a car. However, discomfort may occur as you will be asked to lie still on your back for a period of time.

WHAT IF I AM UNABLE TO PERFORM ONE OF THE STUDY PROCEDURES?

You will not be able to participate in the CEDAR study if you are unable to perform an MRI scan, lumbar puncture, memory and thinking tests or blood test.

Candesartan's Effects on Alzheimer's disease And Related Biomarkers (CEDAR)

Phone: 404-712-2036 or
404-712-7422

Fax: 404-712-0236

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**Do you want
to participate
in a research
study about
memory?**



**ASK US
ABOUT
CEDAR**

**404-712-2036 or
404-712-7422**

WHAT IS THE CEDAR STUDY?

The purpose of this study is to investigate the effect of candesartan, a blood pressure medication, on cognitive function and thinking skills in those who have early or mild memory difficulties. This study also aims at studying the effect of candesartan on the build-up of specific proteins in the brain termed Amyloid and Tau. Amyloid and Tau protein build up may lead to Alzheimer's disease.

WHY IS THIS STUDY IMPORTANT?

This research may help us learn how candesartan may be of benefit in reducing the build-up of proteins in the brain and stopping the damaging effects on our brains and memory abilities. Information from the study might lead to new treatments in the future.

WHERE WILL THIS RESEARCH TAKE PLACE?

This study will take place at Emory University.

AM I ELIGIBLE TO PARTICIPATE IN THIS STUDY?

We are looking for volunteers 50 years or older who have early or mild memory difficulties, do not have high blood pressure and do not take blood pressure medications. We will invite you to come to Emory for an evaluation to check if you are eligible.

HOW LONG DOES THE STUDY LAST?

This study will last 1 year and will include between 8-11 visits to our Emory study site during the one-year period.

WHAT IF I AM ALREADY TAKING ALZHEIMER'S DISEASE DRUGS?

You may still be eligible if you are already taking medication for Alzheimer's disease.

WHAT WILL I RECEIVE DURING MY PARTICIPATION?

- Testing of memory and thinking abilities
- MRI, lumbar puncture, vascular ultrasound, blood pressure measurements and blood tests
- PET scan (possibly)
- One-year supply of candesartan
- Reimbursement for travel and time

HOW CAN I GET MORE INFORMATION ABOUT THE STUDY?

Call the contact phone number (located on the back of this brochure) and speak with someone to see if you qualify for the study.

CAN I BE INVOLVED IN OTHER CLINICAL TRIALS DURING THIS TIME?

You cannot participate in another study if it involves giving you medications or performing brain assessments.

WHAT STUDY MEDICATIONS WILL I BE GIVEN?

Candesartan or a placebo (an inactive pill).

We will take extra steps for your safety:

- You will be contacted by study staff to review your blood pressure.
- We will aim for your blood pressure (BP) to be 110/50 mmHg or greater but less than 141/111 mmHg.
- We will check if the study medication would interact with your other medications.

IS MY INFORMATION CONFIDENTIAL?

The privacy of your health information is important to us. To protect your health information, we will follow federal and state privacy laws, including the Health Insurance Portability and Accountability Act and regulations (HIPPA).